



PROGRAM OBJECTIVES

- ▶ Students will be able to demonstrate essential knowledge of systemic theory and the principles of marriage and family therapy, related to clinical case conceptualization, diagnosis, intervention, and the use of community mental health resources and, to write and articulate their personal theoretical model for therapy.
- ▶ Students will be able to demonstrate skills that reflect high standards of professionalism and commitment to ethical and professional behavior consistent with the standards of marriage and family therapy and Christian principles.
- ▶ Students will be able to demonstrate clinical skill and the ability to apply effective therapeutic techniques to meet the diverse needs of individuals, couples and families.
- ▶ Students will be able to conduct and evaluate research to ensure high standards of therapeutic application and contribute to the field of marriage and family therapy.

CAREER OPPORTUNITIES

Students who earn a Master of Arts in Marriage and Family Therapy have the opportunity to apply their knowledge across many populations and settings. Our graduates have found employment in private practice settings, Veteran's Affairs, rehabilitation centers, hospitals, churches, and within the criminal justice system, among many others. They also have the advantage of applying their skills in educational settings.

Private Practice

Social Service Agencies

Group Homes

Community Mental Health Centers

Courts & Prisons

Department of Mental Health

Universities & Research Centers

U.S. Department of Veteran Affairs



Total Units: 60



Courses: On Campus



Student / Teacher Ratio: 13:1



I could not have picked a better program. From my professors I learned so much in the classroom about therapy, and even more about life. The professors are kind, empathetic and your biggest cheerleaders to get you across the finish line. The classes teach you all the tangible skills and knowledge to prepare you to be the best therapist you can be.

- Megan Allcock
MFT Graduate



M.A. MARRIAGE & FAMILY THERAPY

PLEASE SEE CURRENT CATALOG FOR ADDITIONAL COURSE OPTIONS.

PROGRAM CURRICULUM

PREREQUISITES (if required)

Community Mental Health	3
Counseling Theories	3

TOTAL UNITS: 6

CORE COURSES

Professional Ethics & Law	3
Research Methodology	3
Substance Abuse, Addiction & the Family	3
Child Abuse Detection, Intervention, & Treatment (7 hours)	0
Disaster, Trauma, & Abuse Response	2
Family Violence: Detection, Intervention & Treatment	2
Professional Development I	1
Lifespan Development	3
Interpersonal Communication & Therapeutic Qualities	3
Christian Principles in Marriage & Family Therapy	3
Multicultural Perspectives in Counseling	3
Theories of Marriage & Family Therapy	3
Treatment of Children	3
Psychopathology	3
Marriage & Family Therapy Assessment	3
Treatment of Older Adults	3
Treatment of Couples	3
Psychopharmacology	2
Supervised Practicum	9
Comprehensive Case Presentation	1
Professional Development II	1
Advanced Professional Development	1

TOTAL UNITS: 58

ELECTIVES Choose at least 2 units:

Group Therapy	3
Seminar in Advanced Topics in MFT	1-3
Special Research Topic	1-3
EMDR Training Seminar*	3

TOTAL UNITS: 2

*EMDR is an evidence-based practice utilized in the treatment of trauma. The elective offered at HIU fulfills the first step towards EMDR certification as required by the EMDR International Association.

TOTAL UNITS: 60 (66)

ADDITIONAL REQUIREMENTS

Professional Development	50 hours
Clinical Training	400 hours**

**Including at least 300 direct client hours, of which 100 must be relational hours.